

Important Medicinal plant species found in Meghalaya

Sl. No.	Species	Common name	Part used	Uses
1.	<i>Abelmoschus moschatus</i>	Musk mallow	Leaves, Roots, Seeds	Spasms, Throat hoarseness & dryness, Scabies, Hysteria, Nervous disorders, Gonorrhoea and Venereal diseases
2.	<i>Abroma augusta</i>	Dieng Tyrkhum	Leaves, Bark, Roots, Seeds	Uterine tonic, Dysmenorrhoea, Amenorrhoea, Menstrual disorders, Abortifacient, Diabetes, Sinusitis and Gonorrhoea
3.	<i>Acanthus leucostachys</i>	Sam Khatchi	Seeds, Sap, Leaves	Allergies, Abscesses, Renal Calculi, Rheumatism, Worms, Hair tonic, Eczema and Headache
4.	<i>Achyranthes aspera</i>	Soh Byrthid	Seeds, Roots, Leaves	Piles, Diuretic, Boils, Abscess, Painfull delivery, Antifertility, Rabies, Antidiabetic, Pneumonia, Menstrual disorders, Insect stings and Snakebite
5.	<i>Acorus calamus</i>	The Sweet Flag	Roots, Rhizome	Kwashiokor, Carminative, Emetic, Stomachic and Fever
6.	<i>Acronychia pedunculata</i>	Sarmon Blai	Roots, Twigs, Leaves, Bark, Stem	Rheumatism, Lumbago, Post-Partum Blood-Status, Furunculosis, Impetigo, Snakebite and Dyspepsia
7.	<i>Adenanthera pavonina</i>	Dieng Thing	Leaves, Bark, Stem, Heartwood	Colonorrhoea, Haematuria, Ulcers, Gout, Burning sensation, Hyperdipsia, Giddiness, Dysentery and Haemorrhages
8.	<i>Aesculus assamica</i>	Dieng Dula	Roots, Leaves, Bark	Fever, Body Swelling, Diarrhoea, Cholera, Colic, Chest trouble, Headache, Dropsy, Chronic Eye diseases, Bowel disorders and Beri Beri
9.	<i>Alangium chinense</i>	Dieng Skhorkhla	Leaves	Snakebite, Carminative, Circulation, Contraceptive, Hemostatic, Numbness, Poison, Rheumatism and Wounds
10.	<i>Alstonia scholaris</i>	Dieng Ryteng	Leaves, Bark	Thermogenic, Laxative, Febrifuge, Antipyretic, Malaria, Dyspepsia, Skin Diseases, Leprosy, Pruritus, Chronic & Foul Ulcers, Tumours, Asthma, Bronchitis, Agalactia and Helminthiasis
11.	<i>Aphanamixis polystachya</i>	Dieng Rata	Bark, Seeds	Liver disorders, Tumours, Ulcers, Worms, Skin diseases, Leprosy, Jaundice, Haemorrhoids, Rheumatoid Arthritis and Myalgia
12.	<i>Argyria nervosa</i>	Jatap Masi	Roots, Leaves	Rheumatism, Boils, Skin diseases, Syphilis, Nerve tonic, Eczema, Ringworm, Itchings and Swellings
13.	<i>Aristolochia tagala</i>	Soh Rynkhiah	Leaves, Roots	Stomachache, Snakebite, Toothache, Rheumatism and Tonic
14.	<i>Artemesia nilagirica</i>	Byrlud	Leaves, Flowers	Alexeteric, Asthma, Cephalalgia, Bronchitis, Nervous & Spasmodic

				affections, Ammenorrhoea, Dysmenorrhoea, Anorexia, Flatulence, Colic, Worms, Hysteria, Measles and Anaemia
15.	<i>Careya arborea</i>	Soh Kundur	Flowers, Bark, Leaves, Fruits	Thermogenic, Alexeteric, Antipyretic, Pruritus, Tumours, Cough, Dyspepsia, Colic, Haemorrhoids, Worms, Dysentery, Urorrhoea, Leucoderma, Fits, Smallpox, Ulcers and Vaginal raptures
16.	<i>Celastrus panniculatus</i>	Meilalih	Bark, Leaves, Seeds, Bark	Stimulant, Aphrodisiac, Rheumatism, Strengthening Memory, Antidote on Opium Poisoning, Expectorant, Appetiser, Cardiotonic, Diuretic, Anti-Inflammatory on Itching & Skin diseases, Paralysis, Asthma, Leucoderma, Beri-Beri and Sores
17.	<i>Cinnamomum bejolghota</i>	Dieng Lasi Sirmot	Bark	Urinary troubles, Gall Bladder stones and Liver complaints
18.	<i>Cinnamomum tamala</i>	Dieng Latyypad	Leaves	Diarrhoea and Colic
19.	<i>Clerodendrum colebrookianum</i>	Dieng Jalemkynthei	Bark, Leaves, Roots	Rheumatism, Malaria and Blood Pressure
20.	<i>Clerodendrum serratum</i>	Phlang Rilong	Bark, Leaves, Roots	Asthma, Cough, Scrofulous Affection, Dropsy, Fever and Syphilis
21.	<i>Cocculus orbiculatus</i>	Jyrmi Mailum	Roots, Seeds	Anodyne, Antiphlogistic, Carminative, Depurative, Diuretic, Vermifuge, Rheumatic Arthritis, Oedema, Oliguria, Antibacterial, Anti-Amoebic activity, Asthma, Bronchitis and Paralysis
22.	<i>Cordia dichotoma</i>	Dieng Mong	Bark, Leaves, Fruits	Constipation, Dyspepsia, Fever, Diarrhoea, Leprosy, Skin diseases, Helminthiasis, Gonorrhoea and Ringworm
23.	<i>Costus speciosus</i>	Krah Hei-iang	Rhizome	Astringent, Stimulant, Anthelmintic, Cough, Catarrhal, Fever, Dyspepsia, Skin diseases, Worms and Snakebite
24.	<i>Curcuma longa</i>	Shynrai	Rhizome	Stomachic, Blood purifier, Cold, Vermicide, Antiseptic, Antiperiodic, Diabetes, Leprosy and Sore Throat
25.	<i>Dillenia pentagyna</i>	Dieng Sohbar	Fruits, Leaves	Carbuncles, Chest Complaints, Cholera, Dysentery, Fever, Sores, Cough and Astringent
26.	<i>Dioscorea alata</i>	Asiatic Yam	Tuber	Diuretic, Diabetes, Leprosy, Gonorrhoea and Helminthiasis
27.	<i>Elaeocarpus sphearicus</i>	Dieng Sohlangskai	Seeds, Fruits	Cough, Bronchitis, Neuralgia, Cephalalgia, Anorexia, Fits, Manic conditions, Melancholia and Mental disorders
28.	<i>Engelhardtia spicata</i>	Diengsong Dkhar	Bark, Leaves	Sedative, Carminative, Anthelmintic, Diuretic, Rheumatism, Itches & Burns, Fever, Asthma, Leprosy and Epilepsy

29.	<i>Fagopyrum dibotrys</i>	Jarain	Leaves, Seeds	Insectbite and Headache
30.	<i>Garuga pinnata</i>	Dieng Sohpjar Shynrang	Roots, Stem, Leaves, Flowers, Galls	Pulmonary Affections, Cornea Opacity, Asthma, Vermifuge, Obesity, Splenomegaly, Foul Ulcers and Odontalgia
31.	<i>Gloriosa superba</i>	Malabar Glory Lily	Tuber	Abortifacient, Stimulant, Anthelmintic and Leprosy
32.	<i>Gynocardia odorata</i>	Dieng Sohliang	Fruits	Leprosy and Skin diseases
33.	<i>Hedychium coronarium</i>	Todoh	Flowers, Rhizome	Carminative, Stimulant, Bruises and Sprains
34.	<i>Hedychium spicatum</i>	NA	Rhizome	Arthritis, Colic, Cough, Asthma, Diarrhoea, Dysentery, Dropsy, Headache, Hair fall, Liver complaints and Skin diseases
35.	<i>Hedyotis scandens</i>	Jyrmi Skie	Whole plant	Gastralgia, Gastric Ulcers, Heartburns, Colic, Vulnerary and Wounds
36.	<i>Hibiscus rosa-sinensis</i>	China Rose	Flowers, Leaves, Roots	Alopacia, Burning sensation, Menstrual disorders, Piles, Bronchial Catarrh, Gonorrhoea and Menorrhagia
37.	<i>Holharhenna antidysenterica</i>	Dieng Jamew	Bark, Seeds	Amoebic Dysentery, Vaginitis, Diarrhoea, Jaundice, Fever, Bladder stone and Tuberculosis
38.	<i>Houttuynia cordata</i> Thunb.	Ja Myrdoh	Leaves, Roots	Stomachache, Cholera, Dysentery and Diuretic
39.	<i>Litsea cubeba</i>	Soh Syiang	Leaves, Bark	Headache, Stomachache, Arthritis, Expectorant, Flu, Hysteria, Memory, Paralysis, Parturition, Rheumatism, Swelling, Tonic and Vertigo
40.	<i>Litsea sebifera</i>	Dieng Jalowan	Bark, Leaves, Berries	Demulcent, Astringent, Diarrhoea, Dysentery, Anodyne, Antidote, Bruises, Wounds, Rheumatism and Antiseptic
41.	<i>Lycopodium clavatum</i>	'Main-khla	Sporophyte	Dessicative, Rheumatism, Diuretic, Epilepsy and Urinary & Digestive complaints
42.	<i>Paedaria foetida</i>	NA	Whole plant	Rheumatism, Colic, Spasm and Gout
43.	<i>Paedaria scandens</i>	Jia Soh musem	Roots, Whole plant, Leaves	Bacillary Dysentery, Urinary Lithiasis, Dysuria, Dyspepsia, Gastritis, Enteritis, Convalescing Persons and Rheumatism
44.	<i>Passiflora edulis</i>	Soh brab	Leaves, Fruits	Jaundice, Dysentery and Diarrhoea
45.	<i>Pavetta indica</i>	Dieng Longtham	Roots, Fruits, Leaves	Diuretic, Visceral Obstruction, Jaundice, Headache, Urinary Diseases, Dropsy, Boils, Itches, Nose Ulcers and Haemorrhages
46.	<i>Piper longum</i>	Long Pepper	Fruits, Roots	Cold, Cough, Chronic Bronchitis, Diarrhoea, Rheumatism, Paralysis, Insomnia, Epilepsy, Bile duct & Gall Bladder obstructions, Dysentery and

				Leprosy
47.	<i>Piper nigrum</i>	Soh marit	Fruits	Anti-Blennorliagic, Stomachic, Dyspepsia, Malaria, Haemorrhoids, Delirium, Tremors and Migraine
48.	<i>Plantago erosa</i>	Krah Shit	Leaves, Roots, Seeds, Whole plant	Burns, Cuts, Tooth & Earaches, Enuresis, Pyorrhea Alveolaris, Depression & Insomnia, Itching & Burning Urticaria, Chilbains, Pruritus, Bee sting, Bleeding Piles, Astringent and Febrifuge.
49.	<i>Polygonum chinense</i>	Lymbeh	Leaves	Antibacterial, Furrunculosis, Impetigo, Ulceration of the Helix, Scalp Scabs, Cold Sore, Eczema, Boils and Snakebite
50.	<i>Portulaca oleracea</i>	Jehe Sia	Whole plant	Antiscorbutic, Diuretic, Scurvy, Liver, Kidney, Spleen & Bladder diseases, Cardio-Vascular disorder, Dysuria, Haematuria, Gonorrhoea, Sore Nipples and Mouth Ulcers
51.	<i>Rubia cordifolia</i>	Sohmisem	Roots	Inflammation, Antiseptic, Dysentery, Vulnerary, Diuretic, Ophthalmic, Febrifuge, Rheumatoid Arthritis, Neuralgia, Cephalgia, Helminthiasis, Leprosy, Leucoderma, Pruritus, Wounds, Ulcers, Tuberculosis, Pharyngitis and Diabetes
52.	<i>Scoparia dulcis</i>	Krah Lebekor	Whole plant	Inflammation, Febrifuge, Diuretic, Coryza, Hyperthermia, Sore Throat, Cough, Erythema, Measles, Boils and Impetigo
53.	<i>Semicarpus anacardium</i>	Dieng Sohbhala	Fruits	Liver tonic, Arthritis, Antiseptic, Cardiotonic, Sudorific, Febrifuge, Beri-Beri, Cancer, Sciatica, Neuritis, Diabetes and Ulcers
54.	<i>Solanum ferox</i>	NA	Roots	Cough
55.	<i>Solanum khasianum</i>	NA	Berries	Inflammations, Arthritis and Hormonal
56.	<i>Solanum nigrum</i>	The Black Night Shade	Whole plant	Ulcers, Skin Diseases, Dysentery, Laxative, Asthma
57.	<i>Solanum torvum</i>	Dieng Sohngang	Leaves, Fruits	Wounds and Cough
58.	<i>Sonchus arvensis</i>	Kilanjiat	Whole plant, Roots, Seeds	Jaundice, Diuretic, Diaphoretic, Antiseptic, Coughs, Phthisis, Bronchitis, Asthma, Pertusis and Demulcent
59.	<i>Streblus asper</i>	Dieng Soh Khyrdang	Roots, Bark, Leaves, Latex	Thermogenic, Vulnerary, Inflammation, Ulcers, Sinusitis, Elephantiasis, Boils, Haemorrhages, Cough, Bronchitis, Fits, Diarrhoea, Dysentery, Fever and Syphilis
60.	<i>Swertia chirayita</i>	Sharita	Whole plant	Stomachic, Febrifuge, Diarrhoea, Malaria and Weakness
61.	<i>Symplocos laurina</i>	Dieng Japei	Bark	Ophthalmic, Haemostatic, Asthma, Bronchitis, Dropsy, Arthritis, Ulcers,

				Tumours, Leprosy, Skin diseases, Fever, Ulemorrhagia, Haemorrhages, Dyspepsia, Flatulence and Leucorrhoea
62.	<i>Tabernaemontana divaricata</i>	Dieng Jasoh	Roots, Flowers, Latex	Vermifuge, Odontalgia, Opacity of Cornea, Paralysis, Strangury, Anthralgia, Ophthalmitis and Inflammation
63.	<i>Taxus baccata</i>	Dieng Blei	Leaves, Bark	Emmenagogue, Asthma, Cancer, Bronchitis and Spasms
64.	<i>Terminalia belerica</i>	Dieng Rynin	Fruits	Purgative, Laxative, Piles, Leprosy, Dropsy and Fever
65.	<i>Terminalia chebula</i>	Bol Artak	Fruits	Laxative, Inflammation of Mouth & Mucous Membrane, Bleeding & Ulceration of Gums, Cough, Wounds and Scalds
66.	<i>Toddalia asiatica</i>	Soh Sat	Roots, Fruits, Leaves, Flowers	Diaphoretic, Anti Periodic, Anti Pyretic, Anti Bacterial, Vulnerary, Odontalgia, Paralysis, Malaria, Dyspepsia, Colic, Flatulence, Nausea, Epilepsy and Wasp-Stings
67.	<i>Trichosanthes tricuspidata</i>	Soh Lynshang	Roots, Fruits	Thermogenic, Abortifacient, Purgative, Hemicrania, Carbuncles, Gonorrhoea, Otitis, Rhinitis and Epilepsy
68.	<i>Viburnum foetidum</i>	Dieng Sohlang	Leaves, Roots	Menorrhagia, Uterine, Sedative and Antibacterial
69.	<i>Xeromphis spinosa</i>	Dieng Makasing Khlaw	Fruits, Bark	Abortifacient, Antiseptic, Diarrhoea, Dysentery, Bruises, Cuts, Inflammation, Vulnerary, Febrifuge, Sudorific, Spasms, Sprains, Gout, Wounds, Tumours, Amenorrhoea and Dysmenorrhoea
70.	<i>Zanthoxylum armatum</i>	Bol Meching	Seeds, Leaves	Mouth purifier and Teeth enamel diseases